NAME _____ **ISF** _____ **TARGET DAY** _____ **TGT BEFORE BED** _____ **TDD** _____ **DATE** _____

	MN	0100	0200	0300	0400	0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300
Temp basal																								
new C/N/L																								
Ketones																								
Correction																								
Food Bolus																								
Carb (gms)																								
CGMS Glucose																								
Blood Glucose																								
Activity																								
Comments																								

Basal Rate	
Time	Rate
Midnight	
Comments	

BREAKFAST **CHO Ratio 1:** _____

Time: Food	Portion Size or gr	CHO Factor	CHO Content
Total g CHO			

Carb Bolus =.....(gCHO) divided by.....(Carb ratio) = _____units (A)

Correction = ...(BG) minus.....(target) divided by .....(ISF) = _____ units (B)

Bolus to dial into pump (A) + (B) ..... = _____ pump bolus

LUNCH **CHO Ratio 1:** _____

Time: Food	Portion Size or gr	CHO Factor	CHO Content
Total g CHO			

Carb Bolus =.....(gCHO) divided by.....(Carb ratio) = _____units (A)

Correction = ...(BG) minus.....(target) divided by .....(ISF) = _____ units (B)

Bolus to dial into pump (A) + (B) .... = _____ pump bolus

DINNER **CHO Ratio 1:** _____

Time: Food	Portion Size or gr	CHO Factor	CHO Content
Total g CHO			

Carb Bolus =.....(gCHO) divided by.....(Carb ratio) = _____units (A)

Correction = ...(BG) minus.....(target) divided by .....(ISF) = _____ units (B)

Bolus to dial into pump (A) + (B) .... = _____ pump bolus

Morning Tea **CHO Ratio 1:** _____

Time: Food	Portion Size or gr	CHO Factor	CHO Content
Total g CHO			

Carb Bolus =.....(gCHO) divided by.....(Carb ratio) = _____units (A)

Correction = ...(BG) minus.....(target) divided by .....(ISF) = _____ units (B)

Bolus to dial into pump (A) + (B) ..... = _____ pump bolus

Afternoon Tea **CHO Ratio 1:** _____

Time: Food	Portion Size or gr	CHO Factor	CHO Content
Total g CHO			

Carb Bolus =.....(gCHO) divided by.....(Carb ratio) = _____units (A)

Correction = ...(BG) minus.....(target) divided by .....(ISF) = _____ units (B)

Bolus to dial into pump (A) + (B) ..... = _____ pump bolus

Supper **CHO Ratio 1:** _____

Time: Food	Portion Size or gr	CHO Factor	CHO Content
Total g CHO			

Carb Bolus =.....(gCHO) divided by.....(Carb ratio) = _____units (A)

Correction = ...(BG) minus.....(target) divided by .....(ISF) = _____ units (B)

Bolus to dial into pump (A) + (B) .... = _____ pump bolus